



A CONVERSATION KIT ON SOCIAL MEDIA

Conversation Guide

Social Media, ep. 2

Episode 2 summary

- Social media has had some very positive effects on our world, and it's important to remember and celebrate these.
- But there are also downsides, one of which is how social media can inspire jealousy in us. We can be on both sides of this though, because social media also enables us to inspire jealousy in others.
- It can also inspire loneliness, giving us a sense of connection without truly connecting us to the people we care about.

1. From One Berg to Another

2. The Upside Downsides

3. The Attention Economy

Discussion questions

O1 What are some good things about social media? How do you see social media affecting the world in positive ways? **O2** If comparison is the thief of joy, what would you say enables joy? What would you say it looks like to live a joyful life?

03 What's your experience with jealousy and loneliness with social media? Do you think this is a problem for everyone? Why or why not?

Diving deeper

Read Mark 3 and 4, paying special attention to the final five verses (4:35-40). These two chapters record a busy day in Jesus' ministry. Most of us would love to have the devotion and attention and success Jesus is having on this single day, but Jesus doesn't let it get to his head. Instead, he retreats with the people he cares about. Spend some time processing how Jesus' priorities should shape our own priorities, including how we use social media.

