



A CONVERSATION KIT ON MUSIC

Conversation Guide

Music, ep. 2

Episode 2 summary

- We listen to a lot of music, and if anything takes up our time, we should be paying attention to it.
- We often use music to soundtrack our lives. Sometimes we listen to music to help us understand or even influence our emotions.
- The lyrics in music, and the words we surround ourselves with, matter. These words can shape what we believe and how we live.
- 1. Order from Chaos
- 2. The Law of Life
- 3. The Sound of Change
- 4. A Joyful Sound

Discussion questions

O1 In this episode, we asked you to guess how much music you listen to in a week. How do you feel about the amount of music you listen to? What are some benefits or downsides to listening to more music?

O2 Do you think you listen to music to match your mood or to change it? What are some reasons why you would want to match your mood? What about to change your mood? **03** Has a song ever made you think about something in a different way? Has a song ever changed what you believe? When could that be a good thing? When could it *not* be a good thing?

Diving deeper

Read Philippians 4:4-9. Considering the concept of "the law of prayer is the law of belief", spend some time meditating on how these verses encourage us to meditate on things that are right, lovely, and pure. What could this mean for the music we listen to? How does meditation on lovely things relate to rejoicing and not being anxious like we see in verses 4 and 5? Spend some time asking the Holy Spirit to convict and guide your prayers, beliefs, and life.

