axis



# A CONVERSATION KIT ON DOUBT

# **Conversation Guide**

Doubt, pt. 1

### Part 1 summary

- Doubt can be fun at times, but when it comes to important things, it often feels significant and powerful.
- Doubt is defined as "uncertainty, or calling a premise into question." And we can face doubt or let it consume us.
- Doubt is a perfectly natural place to find ourselves in. Os Guinness claims that avoiding doubt or being shamed that we feel it is a misconception that often results in "anxiety" and "bondage"

#### 1. Doubt Defined

- 2. Uncomfortable Doubt
- 3. Ridiculous Certainty
- 4. Faith Defined

# **Discussion questions**

O1 Can you think of a time doubt inspired you to work harder? Maybe it was studying extra for a test or staying late after practice. Give at least one personal example.

**Q2** In Part 1, we discuss having doubt and faith at the same time. Can you think of a time this was true for you? What helped you move out of that space?

O3 Do you agree with Plato that "The unexamined life is not worth living?" Is there a time where accepting something without being critical of it could be a good thing?

## **Diving deeper**

Read the "Hall of Faith" that we mentioned in Hebrews 11. Consider some of the people listed. Do any surprise you? Is there anyone who you think is left out? Is there anyone you're unfamiliar with? Choose a single person listed, and look up their story in the Bible. You might be surprised by how complex and nuanced some of these people are!

