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ANXIETY ANXIETY

List common coping mechanisms: List methods for dealing The remarkable thing about Come to me, all you who are with anxiety: is that when you fear . and I , you fear will give you whereas if you do not fear , you fear everything else. Matthew 11:28 -Oswald Chambers Social anxiety is caused by: What kind of What do you think causes disaster makes it safe to share issues? anxiety? Define disaster anxiety: Without Do you agree or disagree with the . little would be accomplished. The perforquote? Why? mance of athletes, entertainers, **Anxiety cannot be** executives, artisans, and students but it can be would suffer; creativity would diminish; crops might not be **Rollo May** The Meaning of Anxiety planted...This would be as deadly for the species as - Dr. David Barlow What is the difference between % of teens see anxiety Cast all your on him and depression as a " because he problem" among their peers. 1 Peter 5:7 **Anxiety** Pew Research Center