

**axis**



A CONVERSATION KIT ON  
**ADDICTION**

# Conversation Guide

## Addiction, ep. 3

### Episode 3 summary

- Relationships and addiction are more closely linked than you might expect. Some people go as far as calling addiction an unhealthy type of relationship or connection.
- Many addictions, like porn and social media for example, promise a false connection.
- Sometimes the things we're addicted to can show us the things we value the most. At the core root of all addiction is genuine, God-given need and desire.

1. Pleasure and Pain
2. Real Things
- 3. False Connections**
4. Empty gods

### Discussion questions

**01** Where do you feel most seen, known, and loved? When you're in that situation or with that person, do you feel content? Whether you answered yes or no, why do you think that is?

**02** Jesus asks his disciples to be with him in his deepest grief. Are there people you can reach out to in the hard times? Are there people who would reach out to you?

**03** How do we identify false connections as opposed to real connections? How do those real connections feel as compared to false connections?

### Diving deeper

**Read Matthew 26:14-56.** This is a big section of scripture that shows what Jesus did before he was arrested. Jesus knew his final moments were upon him, but he still decided to serve and be present with his disciples. Spend some time processing what Jesus valued in his final moments and how he showed that he valued it. How do you think you can follow in Jesus' example in your life?