



DIVORCE | *i did it all wrong. is it too late?*

Summary

Years after a divorce, some families still wrestle with feelings of regret, distance, or pain that has not healed. You cannot change the past, but you can still repair relationships with your children. Healing often starts with humility, taking responsibility, and being willing to make the first move.

Diving Deeper

Read Joel 2:25

God promises to restore what was lost. What is one small step you can take this week to begin repairing your relationship that impacts your kids, whether that's with them, your co-parent, or extended family?

Conversation Starters:

1. Are there things from the past that still feel unresolved or hurtful?
2. Is there anything you wish I would take responsibility for or acknowledge?
3. What would help you feel safer or help you heal now, even after all this time?