A Parent’s Guide to Sexting
Sixth, seventh grade is when people started sending nudes. The popular girls would send them to the popular guys. . . . I would find out about it and be like, ‘You know that’s wrong, right?’ I was iffy, at first. But everyone was doing it, so I just felt like I had to.

—teen sexting story in The Washington Post
In This Guide . . .

- Are You Prepared to Talk about Sexting?
- What is “sexting”?
- Are teens sexting?
- Why do they sext?
- What apps do they use to sext?
- Emojis as sexts?
- Isn’t it illegal for a minor to sext?
- How is sexting affecting teens?
- I checked my teen’s phone, didn’t find anything, so he/she isn’t sexting, right?
If my child isn’t sexting, do I really need to talk about it?

So how do I address this with my child(ren)?

When should I address it with my kids?

What if I’ve done everything I can, but my kid still won’t stop sexting?!

How can I start discipling my younger kids to not even be tempted by sexting?

Anything else I should know?

The Bottom Line

Other Resources