

A P A R E N T ' S
T O
G U I D E

Sexting

“

Sixth, seventh grade is when people started sending nudes. The popular girls would send them to the popular guys. . . . I would find out about it and be like, ‘You know that’s wrong, right?’ I was iffy, at first. But everyone was doing it, so I just felt like I had to.

—teen sexting story in *The Washington Post*

In This Guide . . .

- Are You Prepared to Talk about Sexting?**
- What is “sexting”?**
- Are teens sexting?**
- Why do they sext?**
- What apps do they use to sext?**
- Emojis as sexts?**
- Isn't it illegal for a minor to sext?**
- How is sexting affecting teens?**
- I checked my teen's phone, didn't find anything, so he/she isn't sexting, right?**

- **If my child isn't sexting, do I really need to talk about it?**

- **So how do I address this with my child(ren)?**

- **When should I address it with my kids?**

- **What if I've done *everything* I can, but my kid still won't stop sexting?!**

- **How can I start disciplining my younger kids to not even be tempted by sexting?**

- **Anything else I should know?**

- **The Bottom Line**

- **Other Resources**