

A P A R E N T ' S
T O
G U I D E

Eating Disorders

In This Guide . . .

- What are the basics I need to know?**
- What are the not-so-basics I need to know?**
- Ana and Mia?**
- Why are eating disorders on the rise?**
- Why would someone ever want to be part of this?**
- What about spiritual warfare?**
- Anything else I should know about?**
- How can I tell if my child has an eating disorder?**

- **What do I do if my child has an eating disorder?**
- **What do you recommend I include in my strategy?**
- **What do I do if my child doesn't want help or won't admit there's a problem?**
- **Who can provide the professional help I need?**
- **The Bottom Line**

Disclaimer: Information contained in this resource is intended only to increase knowledge and provide faith-based encouragement to users on the subjects of eating disorders, mental health, and other related issues. Axis does not intend to offer medical advice or treatment of any kind. The tools we offer are intended as tools only, the use and results of which should be confirmed by a qualified healthcare professional. This information is not a replacement for diagnosis or treatment by a qualified healthcare professional. Axis cannot be responsible for actions taken without professional medical guidance.